



YASAWAS
FIJI

DAILY ACTIVITIES AT OUR RESORT

MONDAY

Hiking

10.00am - Hike up Nalova Hill behind our Resort, to enjoy spectacular views of both sides of Nacula Island and the Yasawa Group. This is a reasonably challenging 2.5 hour stroll, and hiking shoes/runners are recommended. We make no charge.

Caves

3.00pm - Visit the Sawa-i-lau caves in our half cabin boat. There are over 100 separate caverns in this system of caves, although guests can only access three or four of them. Hear stories of the 10 headed snake god who protects the caves. Learn about the eel and the two fish which never grow old through living in the caves. These caves are famous throughout Fiji and have a rich cultural history and meaning for the Yasawan people. Take a trip under water to gain access to some of the smaller caves, and see great cave formations. 2 hour trip at \$30 per person. Minimum 4 people.

Volleyball

5.30-6.00pm - Volleyball where guests pit their skills against our staff.

International Nights

7.00pm - Enjoy cocktails on the beach and dinner in our dining room to the sounds of the High Chief of the area, Ratu Epli and his band boys. With their keyboard, guitars, bass and ukulele, they will provide renditions of international favourites, your requests and some special Fijian songs.

TUESDAY

Nacula Village

11.00am - Just 20 minutes north of the Resort is Nacula Village, being the biggest and one of the oldest villages in the Yasawas. The village is built around a huge rugby ground where many of the tikina rugby competitions are conducted. Visit the Chief's house for a sev-u-sevu (when Chief is home) and marvel at the layout of the traditional Fijian village. See the Church, the local school, the medical centre, and visit the historical building made of coral which is a landmark to the forefathers of Nacula Village. \$5 per person, minimum 4 people. Return in time for lunch.

Fijian Crafts

3.00pm - Learn to weave hats, mats, baskets and to thread leis. Aunt Maria from the village will come to our Resort with her pandanus leaves, coconut fronds and other plants. If it is low tide, hunt with Aunt Maria for shellfish either before or after handicrafts. \$5 per person for 2.5 hours.



Volleyball

5.30-6.00pm - Volleyball where guests pit their skills against our staff.

WEDNESDAY

Fishing

6.00am - Trawling and handline fishing. Experience the richness of the reefs around Honeymoon Island and in the Nacula Passage up to Malakati Village. Catch some fish for our dinner. 2 hours, \$20 per person. Minimum 2 people.

Nacula Reef Hopping

10.30am - Join other guests for reef hopping on three great reefs fronting the Nacula Passage. Qese Reef, the breeding grounds for our local turtles, Qoloriki Reef and Motuni Qade Reef are all within 10 minutes of Oarsman's Bay, but all offer different experiences. See soft corals, black corals, cabbage corals, clams, reef sharks, octopus and a multitude of different colourful, tropical fish. Return at 1.00pm, in time for lunch. \$5 per person. Minimum 4 people.

Volleyball

5.00-5.30pm - Volleyball where guests pit their skills against our staff.

Barbecue

7.30pm - Enjoy a Fijian barbecue on Nalova Beach front. Enjoy chicken, chops, fish and sausages in a traditional Fijian cook-up. The band boys will serenade you with selections of Fijian songs. Drink kava around the kava bowl after the barbecue.

THURSDAY

Beach Picnic

10.00am - Visit Boka Beach on the other side of Nacula Island (40 mins by boat) and enjoy a barbecue in a different beach environment. Walk through our organic vegetable plantation, adjacent to the beach, where the Oarsman's vegetables are grown. See yams, cassava, roro, and taro plantations. Enjoy a picnic of smoked fish and vegetables. Swim in the huge fresh water pool in the morning, and Bligh Water in the afternoon. Return to the Resort by 3.30pm. \$10 per guest. Minimum 4 guests.

Volleyball

5.00-5.30pm - Volleyball where guests pit their skills against our staff.

Hermit Crab Racing

9.00pm (after dinner) - Become an owner in our hermit crab race meeting. If you are a punter looking for some racy excitement, join us in our fun filled hermit crab derby. \$2 per crab.



FRIDAY

Nacula Village

11.00am - Just 20 minutes north of the Resort is Nacula Village, being one of the oldest villages in the Yasawas. The village is built around a huge rugby ground where many of the tikina rugby competitions are conducted. Visit the Chief's house for a sev-u-sevu (when Chief is home) and marvel at the layout of the traditional Fijian village. See the Church, the local school, the medical centre, and visit the historical building made of coral which is a landmark to the forefathers of Nacula Village. \$5 per person, minimum 4 people. Return in time for lunch.

Volleyball

5.00-5.30pm - Volleyball where guests pit their skills against our staff.

Fijian Nights

7.30pm - Join us for a traditional lovo for dinner, consisting of vegetables grown in the Chief's vegetable garden, fresh seafood, lamb, chicken and pork. All cooked underground under hot rocks in the style of a true lovo. Follow our indigenous Yasawas lovo experience with a truly indigenous Yasawas meke, performed by staff and villagers from Nacula. Following the meke, join Elders around the kava bowl for stories of olden days.

SATURDAY

Coconut

Demonstration
10.00am - Experience the importance of coconuts to the Fijian way of life - its food, its milk, its fibre and its shell. Held in the main dining room. No charge made.

Volleyball

5.00-5.30pm - Volleyball where guests pit their skills against our staff.



SUNDAY

Church Service

10.30am - Attend one of the Nacula Village Churches (Methodist, Catholic and Assemblies of God) with indigenous people of Nacula, and enjoy Fijian worship and beautiful singing. Take the 20 minute walk from Oarsman's to the village. Donation to be made to the collection plate. Please wear sulus/trousers and upper body covering.

Sunday Night at the Movies

9.00pm (after dinner) - Join us for our Sunday movie, The Blue Lagoon, with Brooke Shields and Chris Atkins. Filmed nearby, this movie features some of the mums and dads of our staff, and many of our beautiful beaches and lagoons. Popcorn available.



All times are 'Bula time'
- 1 hour ahead of Fiji time



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ACTIVITIES AT OARSMAN'S BAY LODGE

Private Island visit

Why not have a private Island visit with picnic? Travel for the day to nearby Honeymoon Island, a beautiful untouched sandy beach on a little Island off Nacula Village. Enjoy great snorkelling and be alone for the day in one of the worlds most romantic places. \$20 per person including special picnic, minimum 2 people.

Hiking

Take a walk with us to Safe Landing Resort, visiting other backpacker properties, Melbravo and Nabua Lodge en-route. Go up over the hills, back down via the beaches, and see mangroves, medicinal plants and plantations. Takes 3 hours. \$5 per person. Minimum 4 people.

Massage

If you would like a massage, Oarsman's Bay staff can meet your needs. We have single and dual massage staff, who have been trained at nearby Turtle Island. Enjoy a 15 minute massage for \$15, a 30 minute massage for \$30, or a one hour massage for \$50. Forward booking is essential.

Plant a Tree

You have used a lot of fossil fuel to come to the Yasawas and you may be feeling guilty! We have put a program in place to create carbon credits for you, to neutralise your environmental impact in coming here. Speak with the Office about how you can purchase trees, to plant at Nacula and be part of the carbon emission credit solution.